

TOGETHER

WE PRAY

Ways to Pray for an Hour

Before you get started . . .

Find a location where you'll be uninterrupted as you spend time with the Lord in secret (Matthew 6), go on a walk, or set an hour aside to pray with your spouse or family. Keep your Bible, a pen, and paper close to refer to God's word and record insights He gives you.

Here's the main thing: To connect heart to heart with God.

Begin with Praise and Thanksgiving (5 - 10 minutes) Psalm 100:4,5

- Praise: Sing to the Lord or play a worship song.
- Remember the names of God, and Praise Him for who He is.
Genesis 22:14, Exodus 15:26, Deuteronomy 7:9 & 10:17, Jeremiah 23:6,
Judges 6:24, Psalm 23:1, Isaiah 7:14, John 6:35 & 14:6, Revelation 1:8, 18
- Thanksgiving: Thank God for who He is and what He's done. Psalm 126:3

Read the Scripture: Ask God to speak to you through His Word (5 - 10 minutes) John 6:68

- Read your Bible slowly, recording the portions that are highlighted to you. Joshua 1:8
- Talk to the Lord about what you read: Ask Him to help you live according to what you read. James 1:22-25

Ask God to help and teach you to pray. Luke 11:1

Pray for You & Your Family (5 - 10 minutes)

- Ask for more understanding of God, that you would know Him more. Ephesians. 1:17-19
- Pray for strength, increased faith and knowledge of Christ's love. Ephesians 3:14-19
- Ask God to convict & give you a pure heart. Confess sin & receive His forgiveness. Psalm 51, 1 John 1:9
- Pray for your needs and your family. Matthew 6:11, 7:7-8
- Then give your cares & needs to God. Trust God to care for you. 1 Peter 5:7

Pray for your Church (10 minutes)

- Refer to & pray from your church family's prayer guide.
- Pray for your pastors and their families.
- Pray for outreaches, missionaries, and new salvations
- Pray for other families in your church by name
- Pray Colossians 1:9-11

Return to Praise & Thanksgiving

Pray for our Community (15- 20 minutes)

- Proverbs 11:11a, Jeremiah 29:7
- **Remember to pray from your heart!**
 - Use the Community Prayer Guide as inspiration for your prayers.

End Your Prayer Time

- Ask Him to help you be watchful for His response & use you to be part of His answer. Colossians 4:2-6

Follow God's Leading as you Pray

- Pray Bible verses that come to mind.
- Spend time being quiet & listening between sections.
- Let praise flow through your whole prayer time.

For Yours is the kingdom, the power and the glory forever. Amen

The idea & content for this guide was originally created by OneHopeNetwork.org